

# Q-PROMs in Cosmetic Surgery

## What are Q-PROMs?

Q-PROMs (Questionnaire - Patient Reported Outcome Measures) are short digital questionnaires that ask about your experience, wellbeing and satisfaction before and after cosmetic surgery.

They help us to understand:

- How Treatment has affected your quality of life
- Your Recovery and wellbeing
- Your satisfaction with care and results

## What procedures are covered?

Q-PROMs may be collected for the following procedures:

- Facial Surgery (Rhinoplasty, facelifts, eyelid surgery and brow lifts)
- Breast Surgery (Enlargement, reduction or lifting)
- Body Surgery (Body Contouring and Abdominoplasty)

## How are Q-PROMs collected?

You will receive secure digital forms by email or text message at key points in your patient journey:

- Before your procedure
- After your procedure
- During follow-up

They are quick and easy to complete.

## Who is your data shared with?

Your **anonymised data** is securely submitted to:

- PHIN (Private Healthcare Information Network)
- CMA (Competition and Markets Authority)

This supports national monitoring, transparency and improved patient safety. Your personal information is protected in line with data protection regulations.

Questions or Concerns?

If you have any questions about Q-PROMs

Please speak to your Surgical Coordinator who will be happy to help and support you.